



Opening hours: Mon-Fri: 7am – 10pm & Sat-Sun: 9am - 8pm

Peak hours: 11am-12pm & 5pm-8.30pm

Off Peak hours: 7am-11am & 12pm-3pm

WHAT IS INCLUDED

- Unlimited use of gym, pool, sauna & jacuzzi
- Free personal fitness programs created for you by our qualified team
 - Ongoing fitness assessments with Leisure Club qualified team
 - Aqua Aerobics classes
- Great Value membership packages for Single, Couple, Family & Golden Years
 - Special discounts on classes

No join fees!

LEISURE FACILITIES

- 20m swimming pool
 - Kiddie's pool
- Olympic Standard Gym
 - Sauna and Jacuzzi
 - Hydrotherapy couch
 - Steam room
 - Whirlpool

OUR PROMISE

- We will never allow the Swimming Pool at the Springs to be Closed for private hire
- We promise to provide you, our members, and guests with a clean club at all times
- The health and safety of all Springs Leisure Club members and guests is a priority at all times